

**Amendments to the Specification**

Please insert the following paragraph between paragraphs [0016] and [0017] of the published version of the application under Publication No. 2004/0131671A1.

Suitable gelling polymers include hydroxy propyl methylcellulose, hydroxypropyl ethylcellulose, hydroxypropyl cellulose, hydroxy ethylcellulose, methylcellulose, xantham gums, alginate salts, polyethylene oxide, carboxyvinyl polymer, and a salt of a carboxymethyl cellulose.